

## MANUAL OF ADMINISTRATION

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| <b>TOPIC:</b><br>HEALTH AND SAFETY | <b>SUBJECT:</b><br>Eye Wash Station<br>Protocol | <b>Code:</b> HS301                |
|                                    |   | <b>Date of Issue:</b> August 2009 |
|                                    |   | <b>Revised:</b>                   |
|                                    |   | <b>Reviewed:</b>                  |
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**PURPOSE:** To provide employees with appropriate guidelines for safe use of eye wash station in order to minimize the risk of eye damage where exposure to chemical hazards exists.

### **LOCATIONS:**

- Avenue II main office in the training room.
- Bay Court in the kitchen.

### **RESPONSIBILITIES:**

The Joint Health & Safety Committee will ensure that the eye wash station located at the Main Office and Bay Court has been inspected weekly by the person assigned to inspect the unit.

All employees are responsible to report any deficiencies in the eye wash station immediately.

### **PROCEDURE:**

1. Do not panic. Shout out for help to allow others to assist you. Contact 911.
2. Remove any contact lenses immediately if a chemical or other substance gets into your eye. The contact can hold the substance to the eye, causing major amounts of damage.
3. Turn on the cold water faucet first then add enough hot water until the water temperature is "tepid". Remove the yellow caps from the eye wash unit. Turn on the eye wash station by pulling the silver knob on the spout towards you. Forcibly hold your eyes open with your index finger and thumb and then bend over into the water flow on the eye wash station. Roll your eyes around to let the water flush out the entire eye. This is probably the hardest thing to do, but also the most important.

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4. Continue to hold your eyes open. Irrigation should last for at least 15 minutes. Stations are designed to deliver continuous flushing under gentle pressure to ensure that the substance is flushed from your eye.
5. If irritation persists, repeat the flushing procedure. It is important to seek medical attention as soon as possible after first aid has been given.

**Please Note: The Eye Wash Station is only for first aid measures. It is not medical treatment for chemical exposures. Make certain that you seek proper medical attention.**